



Client Fees & Investment in Care

MAS-MFT · LMFT · CSTIP · EMDR Certified · KAP

Revive and Thrive Consulting, LLC

Investing in therapy is an investment in your future. Specialized care offers the opportunity to work with a clinician whose training and experience are intentionally aligned with the concerns you are seeking support around. My work draws upon extensive education, training, and clinical experience in systems therapy, trauma-informed care, and specialized approaches including EMDR, KAP, and sex-informed therapy.

Consultation

Complimentary Consultation	15 minutes	No Charge
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A brief opportunity to connect, discuss what brings you to therapy, and determine whether my approach and services may be a good fit for your needs.

Intake & Assessment

Individual Intake & Assessment	60-90 minutes	\$300
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Couples Intake & Assessment	60-90 minutes	\$400
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A comprehensive initial assessment of history, current concerns, and goals for therapy, including clinical assessment, treatment planning, and individualized recommendations.

Individual Therapy

60 minutes	\$200
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75 minutes	\$225
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Supports personal growth, self-exploration, emotional regulation, healing, and meaningful change.

Couples Therapy

60 minutes	\$225
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75 minutes	\$250
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90 minutes	\$300
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A supportive space for conscious partnership, communication, intimacy, attachment, conflict resolution, family repair, and navigating complex relational dynamics.

Additional Clinical Services

Services requiring time outside a scheduled session, including extensive document review or specialized assessment, may be billed separately when applicable. Any additional fees will be discussed in advance whenever possible.

Payment Policy

A card is kept on file to reserve your appointment and is charged at the end of each session. Cash payment is also accepted and must be paid at the beginning of the session. Services are provided on a private-pay basis.

Cancellation Policy

I ask for at least **48 hours' notice** to cancel or reschedule so I can offer the appointment to another client. Late cancellations and missed appointments may be subject to the **full session fee**.

Good Faith Estimate

Under the federal No Surprises Act, I provide a Good Faith Estimate of expected charges to clients who are uninsured or not using insurance for care, so the cost of therapy is never a surprise.